



Spring/Summer Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Continental Snack Grilled Cheese Tomato Soup Yogurt and Fruit Fresh Veggies and Hummus	Continental Snack Tuna Macaroni Salad, Cucumber, Cheese Cubes Fruit in Season Apple Slices with Yogurt Dip	Continental Snack Beef Soft Tacos With all the Toppings Carrot Loaf and Fruit Fresh Fruit and Dry Cereal Mix	Continental Snack Chicken Pasta Caesar Salad Garlic Bread Fruit in Season Graham Crackers with Milk	Continental Snack Cheese, Broccoli & Ham Quiche Garden Salad Fruit in Season Bagels, Cream Cheese and Fruit
Continental Snack Tuna Noodle Casserole Cooked Peas & Carrots Fruit Cocktail Fruit in Season and Cheese	Continental Snack French Toast Brown Beans Cooked Carrots Bananas Fresh Veggies and Dip	Continental Snack Sloppy Joes Coleslaw Peaches Banana Bread and Fruit	Continental Snack Chicken Stir Fry Rice Fruit in Season Bread Sticks and Hummus	Continental Snack Beef Stroganoff Garden Salad Fruit in Season Salsa and Pita Wedges
Continental Snack Alphabet Vegetable Soup Buns Fresh Fruit Cheese, Crackers and Cucumber	Continental Snack Spaghetti, Tossed Salad Garlic Toast Orange Slices Spinach Dip, Bread Sticks, Carrot and Peppers	Continental Snack Chicken Fajitas Corn Fruit Cocktail Oatmeal Bars with Milk	Continental Snack Fish Fillets Potato Wedges, Peas Yogurt Wow Butter with Apple Slices	Continental Snack Salsa Chicken Mexican Brown Rice Cooked Mixed Vegetables Applesauce and Digestive Cookies
Continental Snack Tuna Melts Carrots, Celery Cucumbers Applesauce Salsa and Pita Wedges	Continental Snack Meatloaf Rice and Corn Blueberry Muffins	Continental Snack Macaroni and Cheese Raw Veggies Fruit in Season Fresh Veggies and Hummus	Continental Snack Pizza – Add your own Toppings Caesar Salad 3 Bean Dip and Melba Toast	Continental Snack Wow Butter Sandwiches Fresh Veggie Basket Bananas Picnic Mix with Fresh Fruit

- Daily Continental Snack may consist of the following: cereal, variety of bread, fruit, waffles, cheese, muffins, etc.
- Milk (2% for Preschool and 3.5% for Infant and Toddler) and water will be served during lunch, water at snack
- Fresh Fruit Basket available all day
- All Bread and Pasta served will be whole grain